Pre-Match Checklist

The match, prepared from the model.

The key messages are principles, one per moment. The line-up is decided after them.

Match	Date and kick-off	Venue

Two days before

- [ ] Watched the opponent and noted where our principles will be tested
- [ ] Main practice trained the principle we expect to need most

One day before

- [ ] Set pieces practised
- [ ] Squad told, with a reason for every player left out
- [ ] Transport, meals and kit checked

Match day

- [ ] Meal three to four hours before kick-off
- [ ] Team talk in four principles, one per moment
- [ ] Warm-up ends with a game that rehearses one principle
- [ ] Heat checked before the match

Key messages

Moment	Principle for this match
Attacking organisation	
After losing the ball	
Defensive organisation	

Moment	Principle for this match
After winning the ball	

Starting players and substitutes